



VOLUNTEERS

Would you like to volunteer at PNH?

You could either help in the office or become a volunteer tutor or facilitator.

Office and Administration Volunteers

There are a number of office administration volunteers who contribute their time to ensure the PNH office continues to run smoothly. The office volunteers meet on a regular basis to discuss ideas and the group is coordinated by Rita Burleigh. Tasks are many and varied. Many people either phone or walk into our office and volunteering is a great way to 'connect' to people. We also support and encourage our volunteers to 'lean' new skills in our friendly office environment.

We encourage our office volunteers to make a commitment of 3 hours, either in the morning or afternoon on a weekday that suits. The office is open from 9.30 am to 3.00 pm.

Tutoring & Facilitating Volunteers

If you are someone who has special skills or knowledge and think that others in the community may like to learn that skill, we would welcome your suggestions and encourage you to discuss your ideas with our coordinator, Kerry Wise. Some of our volunteer tutor activities include painting and drawing, guitar lessons and foreign language lessons. View the full range of activities included in our program [here](#).

Many activities don't require a tutor but require someone to make a commitment to become a facilitator- someone who comes along at the same time each week, welcomes the participants to the activity, checks the class payment sheet and perhaps carries out basic tasks so that the activity can proceed. We run a number of activities that are DVD based eg. Zumba - so the facilitator sets up the DVD and keeps an eye on the participants.

If YOU think YOU would like to volunteer – we would very much like to talk to you, so feel free to call or drop into the office during opening hours