

# EXTRA ACTIVITIES

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## ARMCHAIR TRAVEL

**1<sup>st</sup> and 3<sup>rd</sup> Friday of the month @ 2.00pm**

Enjoy a glass of wine or a cup of tea while sitting in a comfortable chair and travelling to various part of the world via DVD presentation or speaker. This is a social group to sit and relax with, visit another country and not have to travel.

If you would like to share your travels, please contact the Office.

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## BIRD WATCHING AND NATURE RAMBLE

**3<sup>RD</sup> Thursday of the month**

Each month a new destination, either local or further afield, is chosen for those interested in either bird watching or a delightful nature ramble. For information regarding the next excursion, keep an eye on your emails.

Mostly, participants travel in a ride-share arrangement and everyone is asked to make a small contribution to fuel costs. Sometimes a bus is organised.

Please wear and bring appropriate clothing for weather conditions. Everyone supplies their own snacks, lunch and drinks in a picnic setting.

This activity is a great way to have a break from home and enjoy the pleasures of nature.

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## **GARDEN CLUB**

### **4<sup>th</sup> Monday of the month @ 3.00pm**

This group has 'green thumbs' and like to share their knowledge and enthusiasm. They meet on the fourth Monday of the month to share a cup of tea and gardening tips.

Both experiences and novice gardeners are welcome to participate. Regular 'garden' outings are arranged providing inspiration and information.

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## **REPAIR CAFE**

### **2<sup>nd</sup> Saturday of the month at 10.00am**

The purpose is to repair and rejuvenate broken or old items and so reduce waste, teach new skills, connect people and build community.

Even if you have nothing to fix, feel free to call in for a coffee and chat. Tools, materials and volunteers with repair skills will do their best to help.

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