# **Portarlington Neighbourhood House**

## TERM 1 PROGRAM - 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-10.00	9.30-12.30	9.00-10.00	8.45-9.30	9.15-10.00
Power Walking (H)	Art Group with Beth (PR)	Zumba for Baby Boomers (H)	Power Walking (H)	Music & Movement for Children
10.00-11.00 Tai Chi with Amelia (H)	9.45-12.30 Card Making (BR)	10.001200 Crochet & Knitting (BR)	9.30-10.30 Pilates (H)	(PR) 10.30-12.00 Back to School for Seniors (PR)
			9.30 – 3.30 Bird & Nature Ramble 3 <sup>rd</sup> Thurs of month	
10.00-12.00 Chess (BR)	12.30-1.30 Line Dancing Beginners (H)	10.00-12.00 Philosophy Café (H)	10.00-12.00 Painting For Fun (BR)	10.30-12.30 Mahjong (BR)
10.00-12.00 Bolivia/Canasta (PR)	1.00-3.00 Creative Art with Veronica (BR)	10.30-12.30 Drawing & Sketching (PR)	10.30-12.30 - Bolivia - 500 (H – 2 groups)	2.00-4.00 Armchair Travel 1st and 3rd Fri of month (BR)
12.30-3.00 Indoor Carpet Bowls (H)	1.00-3.00 500 Cards (PR)	1.00-2.30 French Conversation (BR)	1.00-2.00 Stretching & Strength (H)	
1.00-2.00 Dancing in Parkview (PR)	1.30-2.50 Line Dancing Next Step (H)	1.00300 Drawing & Sketching (PR)	1.30-3.00 Reading Discussion Group 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month (BR)	CC Want to vo
1.00-2.00 Yoga with Julie Hyslop (BR)	3.10-4.10 Line Dancing Advanced (H)	12.45-3.00 Getting Creative (Mosaics) (H)	2.00-3.00 Tai Chi with Des (H)	The PNH of our PNH Co setting up t you are int Volunteer
3.00 – 5.00 Garden Club 4 <sup>th</sup> Mon of each month (BR)			4.00-6.00 Guitar (H)	with you.  Do you have PNH welco skills and e weekly clas
3.00-5.00 Singalong (PR)			4.30-5.30 Fiction Fiddlers Writing Group (BR)	or to lead a
6.30-9.00  Bookclub  1st Mon of the month  (Golf Club)			5.30.6.30 Non-Fiction Writers (BR)	Coordinato
7.00-8.30 Harmonica (PR)			6.30-8.30 Prose & Poetry Writing Group (BR)	



SATURDAY

10.00-12.00

month

(PR)

Repair Café

2<sup>nd</sup> Sat of the

SUNDAY

2<sup>nd</sup> Sun of month

10.00-12.00

Writers

(BR)

**Main Street** 

#### LEGEND

BR - Bayview Room PR – Parkview Room
H – Hall

0 – Other Venue

**CONNECT - LEARN - CONTRIBUTE** 

#### Want to volunteer?

The PNH office is staffed by volunteers who assist our PNH Coordinator with administration and setting up for classes etc. Let the office know if you are interested in assisting, and the Office Volunteer Coordinator will organise a meeting with you.

### Do you have a skill to share?

PNH welcomes keen community members with skills and expertise to donate their time to tutor a weekly class, support a like-minded activity group or to lead a one-off workshop.

If you have a skill or an interest that you think others in the community would enjoy, let our PNH Coordinator, Nateesha, know!

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