



Portarlington NEIGHBOURHOOD HOUSE

OPEN Monday–Friday, 10.00am to 3.00pm | (CLOSED THE FIRST THURSDAY OF EACH MONTH)

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TERM PROGRAM, 2018

DRONE WORKSHOP

DRONE WORKSHOP

So you've seen stories in the media about drones and how they'll change our lives. Maybe you're contemplating purchasing a drone and want to know a little more about what to look for. Come along to check out drone options from micro-drones through to semi-professional models. Check out some real world applications involving drones, including a local project. Find out about the regulations you need to consider when flying a drone. Who knows you may even get a chance to pilot a drone?

Day: Saturday, 24 November | Time: 11.00am | FREE ~ BOOKINGS ESSENTIAL

MEDITATION & TIBETIAN HEALING BOWLS

MEDITATION & TIBETIAN HEALING BOWLS

COME AND JOIN JENNIFER FOR A RELAXING MEDITATION AND THE GENTLE SOUNDS OF THE TIBETIAN HEALING BOWLS. ENLIVEN YOUR SPIRIT!

DAY: EVERY 2ND & 4TH FRIDAY OF THE MONTH | TIME: 2.00PM – 3.00PM | COST: \$2.50

HALLOWEEN HOUSE ~ FANCY DRESS CONCERT

Wednesday 31 October – 6.00pm – 8.00pm

Come and see two fabulous performances by the Neighbourhood House Drama Group.

- 6.00pm – The Singing ~ Atmospheric tale of the Witch Hunts in 1862 Massachusetts
- Short break to get your fangs into any nibbles (food – not flesh)
- 7.00pm – Monsters Ball ~ Ghouls 'n' Ghosts, Vampires and Witches and so much more.

With the backing of the Neighbourhood House Singing Group

All singing all Dancing Spectacular... ok not so spectacular, but a lot of fun!

Music and dance. No band – just a CD. We ate the band...sorrorry!!

BYO basket supper & drinks

****** FREE ~ please book at Reception ******



MUSIC & DANCING

HARMONICA GROUP

This group welcomes complete novices ~ just come along and learn as you play. If you are experienced with this instrument, why not share your musical interests with others!

Day: Monday | Time: 7.00pm - 8.30pm | Cost: \$2.50

GUITAR GROUP

All guitar players welcome to this relaxed, just-for-fun Guitar Group. Share songs you know with others, improve your playing. *This is a non-tutored class*

Day: Thursday | Time: 5.00pm ~ 6.00pm | Cost: \$2.50 (except for the 1st Thursday of the month)

BEGINNER GUITAR LESSONS WITH RUTH ~ THIS CLASS IS NOW FULL AND HAS A WAITING LIST

Always wanted to learn the Guitar? OR improve beginner skills & techniques that you already have?

Join Ruth on Thursday afternoons for these friendly and supportive lessons.

Day: Thursday | Time: 3.45pm ~ 4.45pm | Cost: \$3.00 (except for the 1st Thursday of the month)

SING ALONG

Sing Along is community singing with no performances, just for the fun and joy of singing – regardless of your singing ability. Singing is therapeutic both emotionally and physically. Join in the fun! Instrumentalists (unplugged) are welcome.

Day: Monday | Time: 3.30pm ~ 5.00pm | Cost: \$2.50

LINE DANCING ~ RAW BEGINNERS

Never tried line dancing before? Here is your chance to give it a go and learn the basic moves before joining the Next Step Class.

Day: Tuesday | Time: 12.30pm ~ 1.30pm | Cost: \$3.00

LINE DANCING ~ THE NEXT STEP

Not a 'Raw Beginner' anymore? Ready to take the 'Next Step' in your Line Dancing journey? Join this class! .

Day: Tuesday | Time: 1.30pm ~ 2.50pm | Cost: \$5.00

Day: Tuesday | Time: 3.10pm ~ 4.10pm | Cost: \$5.00 ~ INTERMEDIATE

THEATRE DRAMA GROUP

THEATRE DRAMA GROUP

Come and learn some basic drama/theatre in a supportive, welcoming environment. Learn how to act on stage and take part in short plays, or just gain confidence speaking to an audience. Enjoy yourselves!

Ages 18 upwards welcome.

Day: Wednesday | Time: 5.00pm – 6.30pm | Cost: \$2.50

IPADS FOR BEGINNERS GROUP

IPADS FOR BEGINNERS

Come and explore ways in which these devices can make your life easier!

Day: Thursday | Time: 1.30am – 2.30pm | Cost: \$2.50

Day: Friday | Time: 11.00am – 12.00pm | Cost: \$2.50



DESIGNING AND CREATING

DRAWING & SKETCHING JUST FOR FUN

Tutor Facilitator : Jenny Macaulay

Did you enjoy drawing as a child? Renew your enjoyment by joining in a group to sketch set tasks – with emphasis on relaxation and fun.

Day: Wednesday | Time: 10.30am – 12.30pm, morning session |

Time: 1.00pm – 3.00pm, afternoon session | Cost: \$3.00

PAINTING JUST FOR FUN NON TUTORED CLASS

This painting group is facilitated by Maureen and Jenny who invite you to come along and simply paint with others just for fun! *BYO all materials.....*

Day: Thursday | Time: 10.00pm – 12.30pm | Cost: \$2.50 (Except the 1st Thursday of each month)

ART GROUP

Tutor Facilitator : Beth Sternbeck

Self-tutored, and tutored group, accommodating both beginners and more experienced participants. The Art Group covers a wide range of skills, including drawing & painting, using different materials such as pastels, pencils, oil, acrylic paints, ink & mixed media.

Day: Tuesday | Time: 9.30am – 12.30pm | Cost: \$3.00

CARD MAKING

This is a friendly welcoming group with a spirit of sharing and mutual encouragement. This group shares ideas and skills and sometimes works together on a new technique but mostly, participants complete their own projects.

Day: Tuesday | Time: 9.30am – 12.30pm | Cost: \$2.50

CROCHET & KNITTING

This group is full of fun and laughter! Welcoming all skill levels from beginner to advanced.

Day: Wednesday | Time: 10.00am – 12.00pm | Cost: \$2.50

MOSAICS IN THE SHED ~

Come and join this creative group in mosaicing your own colourful creations.

Day: Wednesday | Time: 1.00pm – 3.00pm | Cost: \$2.50

Day: Friday | Time: 1.00pm – 3.00pm | Cost: \$2.50 ~ Welcoming new members

SCRAPBOOKING

2nd Tuesday of each month.

Day: Tuesday | Time: 1.00pm – 3.30pm | Cost: \$2.50 Traditional Scrapbooking

Digital Scrapbooking also available

CLAY SCULPTURE FOR BEGINNERS WITH JUDY

CLAY SCULPTURE WITH JUDY

Over 6 weeks Judy will teach and guide you in the creation of your own Clay Sculpture.

Expressions of Interest being taken



TECH SAVVY

ONE ON ONE COMPUTER HELP ONE HOUR SESSION

Help with laptops, email, word and tablet computers.

Day: Thursday | Time: 1.00pm & 2.00pm | Cost: \$5.00 | Bookings required (Except the 1st Thursday of each month)

ONE ON ONE COMPUTER HELP ONE HOUR SESSION

PCs, MACs, iPads and iPhones.

Day: Thursday | Time: 10.00am & 11.00am | Cost: \$5.00 | Bookings required (Except the 1st Thursday of each month)

COOKING TOGETHER

COOK, EAT, LAUGH

Come and join others in the kitchen to learn and share cooking skills and enjoy a delicious lunch together.

Spend the morning cooking up soups, casseroles', stir-fry's, slices and desserts!

Chat with others over a sit down lunch to sample the morning's meals.

This is a great opportunity to meet with others while you cook delicious and healthy recipes to use at home.

Day: Wednesday | Time: 10.00am ~ 12.30pm | Cost: \$7.50 approximately, includes groceries

ALL FOR THE MIND

MAHJONG ~ BEGINNERS WELCOME

Mahjong is a tile-based game which was developed in China and has since spread throughout the world.

Join this group for a friendly game!

Day: Friday | Time: 11.00 – 1.00pm | Cost: \$2.50

PHILOSOPHY CAFE

Come and explore art, literature, architecture, music philosophy, religion, and politics in various combinations.

Day: Wednesday (fortnightly) | Time: 10.00am – 12.00pm | Cost: \$3.00

ITALIAN CONVERSATION HOUR

Come and speak & learn **SIMPLE** Italian phrases and explore Italian Culture.

Day: Monday (weekly) | Time: 1.30pm – 2.30pm | Cost: \$2.50

GARDENING & BIRDS

BIRD WATCHING GROUP

Join this group to share in an appreciation of the great outdoors. Each month a new destination is chosen for either a local or further afield birdwatching adventure!!

Day: Last Thursday of every Month | Time: 9.00am (usually, depending on destination) | Cost: \$2.50

GARDEN CLUB

Portarlington is a proud gardening town ~ come and be part of it!!

Topics and first-hand experiences are discussed freely at our friendly meetings. Many members have a vast knowledge on various subjects, ranging from organics, herbs, landscaping, orchids etc etc.....

Day: 4th Monday of each month | Time: 7.30pm | Cost: \$2.50



HEALTH AND WELLBEING

ZUMBA FOR BABY BOOMERS

Join Jenny Macaulay in enjoying the fun and musical rhythms of ZUMBA for Baby Boomers ~ guided by a DVD.

Day: Wednesday | Time: 9.15am – 10.00pm | Cost: \$2.50 per week

DANCING IN THE HALL

Come and enjoy the health benefits of dancing and simply enjoying movement to music. Shirley will put the music on.... after that it's up to you whether you sway to the beat OR go all out! A proven way to increase flexibility and fitness while having fun.

Day: Monday | Time: 1.00pm – 2.00pm | Cost: \$2.50

WALKING GROUP

Come and enjoy the health benefits of walking with others while exploring the many beautiful walking options in Portarlington. Includes friendly cuppa afterwards!!

Day: Wednesday | Time: 8.30am | Cost: \$2.50 | Meet at the Mosaic Seat out the front of PNH

TAI CHI

Enjoyable and easy to learn, bringing many health benefits safely and quickly.

Day: Monday | Time: 10.00am – 11.00am | Cost: \$3.00

Day: Thursday | Time: 2.00pm – 3.00pm | Cost: \$3.00 (Except the 1st Thursday of each month)

STRETCHING & STRENGTH FOR SENIORS

Classes based on Pilates techniques are conducted with participants each seated in a chair.

Day: Thursday | Time: 1.00pm – 2.00pm | Cost: \$2.50 (Except the 1st Thursday of each month)

PILATES WITH GEORGE

BYO mat and start stretching and strengthening.

Day: Friday | Time: 12.00pm – 1.00pm | Cost: \$3.00

POWER WALKING IN THE HALL ~ WALK THIS WAY

A beginners 2 Mile Walk ~ The more you walk the better you feel!.

Day: Monday | Time: 11.30pm | Cost: \$2.50

Day: Thursday | Time: 3.00pm | Cost: \$2.50

Carpet Bowls

INDOOR CARPET BOWLS

Come and meet new friends and play a friendly game of Indoor Carpet Bowls!!

Day: Monday | Time: 1.00pm ~ 4.00pm | Cost: \$2.50



PORTARLINGTON FILM SOCIETY

PORTARLINGTON FILM SOCIETY

The last Friday of every month is Movie Night at The Portarlington Neighbourhood House. You need to be a member of the Film Society ~ enquiry at the Neighbourhood House office.

Day: Last Friday of each month

ANNUAL MEMBERSHIP

MEMBERSHIP

To participate in activities and programs, become a member of the Neighbourhood House!

Annual Membership | Cost: \$10.00 | Due: Beginning of each calendar year

GENEALOGY

FAMILY HISTORY GROUP ~

BOOKINGS ESSENTIAL FOR NEW MEMBERS!

Come and join this friendly, helpful and knowledgeable group. Enjoy access to the ancestry.com online software to research your family history.

Day: Monday | Time: 2.00pm – 3.00pm | Cost: \$2.50

FOUR LEGGED BEST FRIENDS

WOOFERS & WALKERS

Get out and about with these dog lovers...

Day: Saturday (4th of each month) | Time: 11.00am | Cost: \$3.00

SHARPEN YOUR MIND

CHESS

The Portarlington Chess Club offers a warm welcome to visitors, and players of all abilities to play friendly social games and to learn more about chess and to develop your chess skills.

Day: Monday | Time: 11.00am | Cost: \$2.50

BACK TO SCHOOL FOR SENIORS

Simple activities conducted on an adult level to sharpen your mind. No computers ~ just pencils and the 3Rs ~ reading, writing and arithmetic. Learn poetry!!!

Day: Friday | Time: 10.00am – 12.00pm | Cost: \$3.00

COMMUNITY LIBRARY

NEIGHBOURHOOD HOUSE LIBRARY

Our community Library consists of a considerable collection of novels which are constantly updated by our librarians. Also included are some very good quality Jigsaw Puzzles together with some up to date DVD's that can be borrowed.

Why wait for a visit from the Book Mobile? Check out Portarlington's own community library...

Day: Operates during Neighbourhood House hours FREE



SOMETHING FOR CHILDREN

MUSIC & MOVEMENT FOR PARENTS & PRESCHOOLERS ~ WEEKLY GROUP

Tutor/Facilitator : Di Hutchinson

A fun, interactive music and movement session that encourages children to explore musical sounds, beat, pitch, tempo and rhythm as well as planned and free movement and expression. Parents and grandparents are welcomed and encouraged to participate and guide their children with the aim of sharing the pleasure of music.

Day: Friday | Time: 9.15am – 10.15am | Cost: \$3.00 per family

GLITZ & CLAM FOR CHRISTMAS

GLITZ & GLAM CHRISTMAS PARTY



Come and Party away the afternoon to Celebrate the End of Year

WEDNESDAY 19 DECEMBER

1.30PM TO 3.30PM

- Live Music & Dancing
- Champagne & Nibbles on arrival
- BYO a plate of food and drinks to contribute to the Party!

**** A very glitzy & glamorous **SANTA** will be in attendance to ensure your Christmas Wishes come true ****

DRESS: Christmas Glitz & Glam..... otherwise just come as your very own Christmas Glamorous Self.....

- **FREE BUT BOOKINGS ARE ESSENTIAL TO ASSIST WITH CATERING!!!**



SHARING OF PHOTOGRAPHIC EXPERIENCES

PORT SNAPPERS ~ ARMCHAIR TRAVEL

Everyone is welcome to come and, while enjoying a glass of wine, travel to various parts of the world and see them through the eyes of others. If you would like to share your travel experiences please contact Gemma on 0417 052 870 or gtobschall@yahoo.com.

Day: First and Third FRIDAY of each month | Time: 2.00pm – 3.30pm | Cost: \$3.00

FRIENDLY GAME OF CARDS

BOLIVIA

Playing cards in a very happy environment ~ new members always welcome.

Day: Monday | Time: 10.00am – 12.00pm - | Cost: \$2.50

Day: Thursday | Time: 10.00am – 12.00pm | Cost: \$2.50 | Except the 1st Thursday of each month

500

A small group of friendly and fun people, meeting weekly to play 500. Everyone is welcome!

Day: Thursday | Time: 10.00 – 12.00pm | Cost: \$2.50 | Except the 1st Thursday of each month

WRITING & READING

PORT NON FICTION WRITING GROUP

Writing that deals with real events and people. Characters, settings and events must conform to what is true.

Aims to write for : Memoirs ~ Family anecdotes and history ~ True Stories.

Day: Last Thursday of the Month | Time: 5.00pm – 6.30pm | Cost: \$2.50

MAIN STREET WRITERS

This group meets on the second Sunday of each month.

Day: Sunday | Time: 10.00am – 12.00pm - | Cost: \$2.50

(This group is currently booked out)

WRITING GROUPS

Interested in writing poetry or short (flash) fiction but not sure where to start?

This is a group for writers interested in meeting monthly to work through various writing tasks as well as sharing their own material for discussion.